

Secondhand Smoke Facts

Secondhand smoke (SHS) is responsible for as many as 73,000 deaths among nonsmokers each year in the United States.

The U.S. Surgeon General has declared that SHS is toxic. There is no known safe level of exposure.

The U.S. Environmental Protection Agency has declared SHS a "Group-A" carcinogen, the most dangerous classification of cancer-causing chemicals.

Exposure to secondhand smoke increases the risk of coronary heart disease by approximately thirty percent.

The U.S. Centers for Disease Control warns that people with heart disease should not go places where they will be exposed to second-hand smoke.

Secondhand smoke exposure causes lung infections in as many as 300,000 children in the United States under the age of 18 months each year and worsens childhood asthma.

SHS exposure increases risks for low birth weight babies, and increases risks of Sudden Infant Death Syndrome.

Health risks from SHS increase when a person is frequently exposed, such as at work or in the home.

The California Environmental Protection Agency has found that each year in California, SHS is linked to: 400 additional lung cancer deaths a year in nonsmokers, 3,600 deadly heart attacks and 31,000 asthma attacks in children.

State scientists also concluded for the first time that SHS can increase the risk of breast cancer in women under the age of 50 years old by 68%.



The City of  
**Eureka**  
California

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**Smoke - Free**  
CITY OF  
**Eureka**

**What you  
need to know!**



**REGULATING  
SECONDHAND  
SMOKE**

**Eureka Municipal Code 97.99  
FINES \$100/\$200/\$500**

Committed to Providing Clean Air in Eureka

The Eureka City Council has voted to adopt an ordinance regulating secondhand smoke, prohibiting smoking in certain public places and amending the Eureka Municipal Code. The ordinance, which goes into effect on August 23, 2010, limits public exposure to secondhand smoke in public areas. This pamphlet provides a brief overview of the ordinance, and some facts about the dangers of secondhand smoke.

## Secondhand Smoke Exposure as a Public Nuisance

For all purposes within the jurisdiction of the City of Eureka, nonconsensual exposure to Smoke is a nuisance, and the uninvited presence of Smoke on property is a nuisance and a trespass, including, but not limited to the following places:

- ⇒ Residential uses and structures
- ⇒ Assisted living facilities
- ⇒ Temporary housing
- ⇒ Child daycare facilities
- ⇒ Businesses
- ⇒ Convalescent hospitals
- ⇒ Group homes
- ⇒ Medical facilities
- ⇒ Residential care homes
- ⇒ Skilled nursing facilities

### Filing A Complaint:

By phone with the Humboldt County Tobacco-Free Humboldt Program.....(707) 268-2132

### Major Provisions - Where Smoking is Prohibited

- Minimum of 30 feet from any entrance, opening or exit of any enclosed area, including windows and ventilation ducts.
- Minimum of 30 feet of service lines (ATM's, ticket lines, bus stops, transit shelters etc)
- 30 feet of working road, building and construction crews
- Recreational Areas (such as parks, picnic areas, playgrounds, sports fields, boardwalks, community plazas, golf courses, walking paths, gardens, hiking trails, bike paths, skateboard parks, and amusement parks)
- Public Events, including but not limited to sports events, entertainment, speaking performances, ceremonies, pageants parades, fairs, Arts Alive and farmer's markets
- Minimum of 75% of guest rooms in every hotel and motel and bed-and-breakfast facilities must be permanently designated as completely non-smoking
- Multi-Unit Housing Common Areas both indoors and outdoors (designated outdoor areas allowed with restriction)
- Private decks and patios at multi-unit housing facilities within 30 feet of non-smoking area or entrance
- Landlords must disclose to new prospective tenants where smoking is allowed in individual units
- No person shall dispose of smoking waste or tobacco waste within the boundaries of an area in which smoking is prohibited
- No person shall place or cause to be placed any ashtray, tobacco ash collector or receptacle in any area designated a non-smoking area

### Posting of Signs

A Person, Landlord, Employer, or Nonprofit Entity that has legal or actual control of an Enclosed or Unenclosed Area in which Smoking is prohibited by this chapter shall post a clear, conspicuous and unambiguous "No Smoking" or "Smokefree" sign at entrances of every building, and in at least one other conspicuous point within the area. The signs shall have letters of no less than one inch in height and shall include the international "No Smoking" symbol (consisting of a pictorial representation of a burning cigarette enclosed in a red circle with a red bar across it). Signs posted on the exterior of buildings shall include the 30 foot Reasonable Distance requirement ("No-Smoking Within 30-Feet of this Building"). At least one sign with Humboldt County Department of Health and Human Services, Public Health Branch's phone number [268-2132] where complaints can be directed must be conspicuously posted in each place in which Smoking is prohibited.



### Additional Resources

Including information on how to quit tobacco:

Humboldt County DHHS  
Tobacco Free Humboldt Program  
<http://www.co.humboldt.ca.us/hhs/phb/tobaccofreehumboldt/>

Free Quit Tobacco Workshop  
<http://humboldtquits.posterous.com/>

City of Eureka  
<http://www.ci.eureka.ca.gov/default.asp>

California Smokers' Helpline  
<http://www.californiasmokershelpline.org/Information/p.shtml>